Janelle Monae & Jidenna Explain How They Wrote Yoga On The Tonight Show

[youtube id="n7luEehCksA"]

Janelle Monae and Jidenna share the backstory of their song "Yoga" on The Tonight Show and it comes from their early morning Yoga sessions at the Wondaland compound in Atlanta. The Eephus compilation will come out this summer.

Janelle Monae & Jidenna-Yoga Live On The Tonight Show

Janelle Monae and Jidenna stopped by *The Tonight Show Starring Jimmy Fallon* to perform "Yoga" with their dancers from the upcoming *Eephus* compilation.

Evolution Of Hip-Hop Dancing With Jimmy Fallon & Will Smith

[youtube id="ZTpn30Pms8I"]

Last night Jimmy Fallon made his debut as Jay Leno's replacement on The Tonight Show. Fallon was joined by Will Smith to do a two and a half minute tribute to hip-hop dances. The fun but hilarious routine found Will getting carried away with the Spank That dance but he straight-up refused to twerk with Fallon. It's great to see Fallon out there doing hip-hop dances because he's made a big contribution to the visibility of the artform by making The Roots the first hip-hop group to be the house band on any kind of TV show. And Fallon also made Will Smith, a legendary hip-hopper and movie star his first guest.