

# The Ton3s & Tarriona “Tank” Ball Lose It

The Ton3s have a video for “Lose It” featuring Tarriona “Tank” Ball from Tank and the Bangas. J. Inez directed the video which has photogenic food that almost steals the focus from the group. Inez described the idea behind the video in a statement:

*“Imagine where black creatives would be today if representation in the media started before it was popular? The ‘Lose It’ music video is a fun upbeat twist to 1960 sitcoms with a sprinkle of black magic for the culture.”*

“Lose It” is from their *We Are The Ton3s* album.

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## Watch: Fantastic Negrito-I’m So Happy I Cry Feat. Tarriona “Tank” Ball Official Video

[youtube id="nNUMLxzWx5Q"]  
Fantastic Negrito and Tarriona Ball from Tank And The Bangas take to the streets in their video for “I’m So Happy I Cry.” The new collaboration is from Negrito’s upcoming album, [Have You Lost Your Mind Yet?](#) He spoke with [GRAMMY.com](#) and shared that the song was inspired by the late rapper Juice WRLD who died last year of a drug overdose. He also talked about how the fear of police and the COVID-19 pandemic has encouraged self-medication. *Have You Lost Your Mind Yet?* comes out on August 14th.