

# Soul II Soul In The BBC 1Xtra Live Lounge

[youtube id="y-CjszLk-eQ"] [youtube id="uiAr8XAL49A"] [youtube id="1oYLsrWZI84"] [youtube id="-m\_NpoYLDys"] Soul II Soul is celebrating almost 30 years since the release of their iconic *Club Classics Vol. 1*. No other Black British group has asserted its identity and made a global impact like Soul II Soul thanks to their famous songs "Back To Life" and "Keep On Movin." Here they are in the BBC 1Xtra Live Lounge performing "Fairplay," "Back To Life," "Keep On Movin" and "Get A Life." On October 21st Metropolis Recordings is releasing [Origins: The Roots Of Soul II Soul](#) which comes from an intimate show the band performed at Metropolis studios in 2015 before 120 people. The recording is packaged as a vinyl box set with a USB drive that has exclusive video content.