

Fallen American Idol Jessica Sierra Celebrates Childbirth, Sobriety and Singing



A bundle of talent, former American Idol Jessica Sierra was the hopeful millions were rooting for. Initially engaging audiences with her undeniable voice and range on CBS-TV's "Star Search" at the age of 17, the songbird reemerged years later in full force to finish Top Ten on Season 4 of the television phenomenon "American Idol." Jessica wowed the judges and audience alike on the show, and was deemed one of the best singers in the competition. The Tampa, Florida native had been singing since the age of three. With the success of "American Idol," Jessica was realizing a dream come true.

After "American Idol," Jessica performed all over the world. As an Idol finalist, she toured nationally with fellow contestants, including appearances at the Coca-Cola 600, an extensive Simon Mall concert tour, and the 44 city, sold out American Idol arena tour. The American Idol Showstoppers album features her single "Total Eclipse of the Heart" and has been certified Gold by the RIAA. Who could have imagined that her musical endeavor, the single "Unbroken," would inadvertently become the theme for the rocky path that laid ahead for her. Jessica later released her "Deepest Secrets" EP in 2008.

These days, when not in the studio, Jessica is busy keeping youth from the path she traveled, motivating kids via her work with the Santa Anita Family Services Center in Monrovia, CA. "As a former American Idol I realize that I was a role model to millions of kids who aspire to achieve the success I attained. I was anything but a role model for a long time, but hope that my life lessons will deter someone else from the path of fast living and drug abuse. My voice is a gift and I am overjoyed to be given the opportunity to share it again. Music has always been a grounding and healing force in my life," reveals Jessica. "I hope that it once again inspires others."

Jessica Sierra has proven herself a true "American Idol" of sorts. She embodies the spirit of a courageous winner. She has soared the heights of success and pummeled to the lowest degrees of despair, only to rise again. With her new found sobriety and new baby, Jessica Sierra has a new song in her heart and America can sing along with her once again!

See Jessica's exclusive interview with RadarOnline.com at <http://www.radaronline.com/exclusives/2009/12/exclusive-video-interview-fallen-american-idol-jessica-sierra-introduces-her-new> .