

Karriem Riggins & J Rocc Open Up Their Amoeba Bags

[youtube id="ougRazwDjCo"] Stones Throw labelmates J Rocc and Karriem Riggins share their musical picks from Amoeba Music in Los Angeles. The turntablist and drummer have jazz, African funk, broken beat and gospel records between them. Riggins' *Headnod Suite* is out now and J Rocc's most recent release is *The Instrumentals Vol. One*. They will appear at this year's Afropunk Festival in Brooklyn.

Frank Nitt-Slippin Featuring Illa J

[youtube id="FBuQ88rmsM8"]

Frank Nitt, Illa J and J.Rocc all become animated characters in Nitt's video for "Slippin" which is about a love story. Frank Nitt's fourth album, [*Frankie Rothstein*](#) came out on Fat Beats last spring.