

# J. Nolan & Yung B Da Producer-Throw It Up



J.Nolan and Yung B Da Producer are back at it and “Throw It Up” is from his second album [The Upbringing](#) that was released today.

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## J.Nolan-Stand Alone



Indie rapper J. Nolan is back with a song about the trials of grinding on the underground called "Stand Alone." He says that his *Dreams Manifest* album is still on the way.

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## J. Nolan-Habitz Of Da Dead



"Habitz Of Da Dead" is the third single from The Manifest

Movement's *Dreams Manifest* compilation. J.Dolan ends the one song and spits verses over's Jay Electronica's "Dear Moleskine" at the end.

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# J.Nolan-Hit Em Feat. Rizz Capolatti



Atlanta's J.Nolan just posted his new single "Hit Em" with Rizz Capolatti today. The song is part of the forthcoming *Manifest Movement* compilation that will feature Nolan and fellow crew members like Capolatti and Yung B Da Producer.

[Download "Hit Em"](#)