

# Throwback: Heather B-All Glocks Down



[youtube]Dk65Sk6\_o-I[/youtube]

Heather B is a New Jersey native who emerged before the public initially as a cast member of the first season of MTV's *The Real World* in '92. "All Glocks Down" is a single from her mostly BDP-produced debut album *Takin' Mine*. "[If Headz Only Knew](#)" and "[My Kinda Nigga](#)" were the other two singles from the album. Her second album *Internal Affairs* was released in 2002 and it featured production from Pete Rock and DJ Premier. *Open Bar*, which is her third outing released in 2010, was also executive produced by DJ Premier.