

# Throwback: Eddie Henderson - Inside You



[youtube]Z4eUcVXwEgs[/youtube]

Eddie Henderson is from San Francisco, California and received his first trumpet lesson from Louis Armstrong when he was 9 years old. His family was friends with Miles Davis and Henderson took advice from him when he was a teenager studying at the San Francisco Conservatory of Music. He attended medical school and spent time learning more about his craft with Freddie Hubbard. In the '70's he had a three year job working with Herbie Hancock's Mwandishi band. It was with Hancock and his band that Henderson recorded his first two albums *Realization* and *Inside Out*. Pharoah Sanders, Art Blakey and Dexter Gordon were some of the other jazz greats he would work with and gain new experiences. "Inside You" is a song from his 1976 *Heritage* album on Blue Note. There would be seven total projects that he recorded in the '70's for various labels. Commercially he did well in the UK with the single ["Prance On"](#) from his 1978 album *Mahal*. ["Cyclops"](#) was the b-side to "Prance On" and it became a cult hit with UK DJs. In the '90s Henderson toured and also worked as a psychiatrist. In 2002 he recorded a tribute to Miles Davis called *So What* named after the legendary trumpeter's famous tune. Henderson continues to record with *For All We Know* from 2010 being his most current work and he is a faculty member at Juilliard and the Harrt School of Music.