

Throwback: E-40-Sprinkle Me Feat. Suga-T



E-40's "Sprinkle Me" features his sister Suga-T and was one of the singles from his 1995 album *In A Major Way*. The Bay Area legend's words flowed like the movement of curvy lines, and his unique rapping style made him identifiable and his songs unforgettable. Mike Mosley and Sam Bostic produced the song, which used rapper James Bailey's term sprinkle, which means to teach. "Sprinkle Me" was E-40's most successful single of the '90s, and *In A Major Way*, his first album on a label, charted in the Top Ten. Tupac Shakur and Mac Mall also appeared on this album. E-40, one-fourth of the hip-hop supergroup Mount Westmore, released their self-titled album in 2022. A lifelong entrepreneur, he recently launched the Earl Stevens Selections wine company and the Goon With The Spoon food brand. His cookbook [Snoop Dogg Presents Gone With The Spoon](#), and his 27th album *Rule Of Thumb* was released last week. He also dropped the video for "Off Dat Mob" from ROT.

Schoolboy Q-Dope Dealer Featuring E-40

[youtube id="50dDmC1-p4E"] Schoolboy Q and E-40 co-star in the video for "Dope Dealer" and spend most their time on camera in the studio. The marijuana business Q raps about unfolds around him and by the end of the video the police arrest the workers.

E-40 To Conduct Wine Signing At Canton, MI Kroger Friday April 24th



E-40 branched off into the wine business in 2013 with his Earl Stevens Selections label. The line is made in California and includes a white infused with mango, apple and citrus undertones as well as an ESS Moscato and a Red Zinfandel/Cabernet Sauvignon blend. The Bay Area rap legend known for his exclusive slang and prodigious entrepreneurship is building the brand with the same moxie he has used for all his other ventures. Tomorrow he will be in Canton, MI at Kroger from 3-5PM signing the wine and meeting with customers, hip-hop fans and wine connoisseurs. The Canton Kroger is located at 1905 N. Canton Center Rd.

Big Sean Performs IDFWU With E-40 On The Jimmy Fallon Show

Big Sean performed his ultimate break-up song, "IDFWU" with E-40 on The Tonight Show With Jimmy Fallon last night.