

# The Pendulum Academy Celebrates Women's Month with Rah Digga & Bahamadia as Guest Lecturers



Rah Digga and Bahamadia will share their wisdom as guest lecturers at the Pendulum Academy's Second Annual Women's

Month. The school is celebrating women in hip-hop during the month of August with special events, courses and workshops. The former Flipmode Squad member will be the guest speaker for the academy's Rhymecology course which explores mental health through the usage of rhyme. Bahamadia is teaching the Evolution Of Rhyme course that examines the history of word flow. Wendy Day, SJ Henderson, Baegod, Jaz The Rapper, Casey J, Official and celebrity publicist Chanel Rae are also on board to teach classes in August. They will instruct students on media training, battling rapping, creative writing and networking. Shawnna, who was the First Lady of Ludacris's Disturbing Tha Peace label, is the guest teacher for the Advanced Rhythm & Style class. The Criminology In Hip-Hop class will be co-lead by attorney Devon Douglass and it will look at Remy Ma's 2007 case. Students will receive feedback on their work from an all-woman panel of judges. Rah Digga expressed her enthusiasm in a statement:

*"Being in this business for 25+ years professionally and actually growing up in the culture, I am looking forward to passing on some of the knowledge that I have learned in hopes that aspiring artists from the next generation can learn something useful that will hopefully be as life-changing for them as this journey has been for me."*

All women can enroll in the Academy for half of the normal price in August. New students are currently being accepted and those interested can apply [pendulumink.com](https://pendulumink.com) or email the school at [info@pendulumink.com](mailto:info@pendulumink.com). Songwriter Mickey Factz and battle rapper Chilla Jones founded the Pendulum Ink Academy. The school aims to prepare rappers for the music industry by providing guidance from industry experts and professional rappers. The academy had its first graduating class on February 26, 2023, and Bun B was the commencement speaker. Anyone can purchase the school's textbook, *A Lexicon Of Elite*

*Rap Techniques* [online](#). Big Daddy Kane wrote the foreword of the book that has songwriting strategies used by some of rap's greatest storytellers. HipHopEd founder Dr. Christopher Emdin wrote the afterword.