

# Watch Angelo Moore Go Through Each Song Of Fishbone's Truth and Soul

[youtube id="QIqbueoLE5w"] Twenty-nine years ago this month Fishbone released *Truth and Soul*. At the time they were budding punk funk ska band resistant to stereotypes about Black bands that shaped record company's marketing plans for Black music. *Truth and Soul* went against the usual expectations of a Black band because Fishbone shamelessly plays multi genres with a mostly punk base. The album is influenced by everyone from Iggy Pop to Curtis Mayfield. Today Fishbone is still against being pigeon-holed and have achieved the status of respected OG Afropunk founders. Frontman and saxophonist Angelo Moore spoke with Riot Fest on the origins of *Truth and Soul*. Fishbone is on the [road](#) right now and Moore has also been making music with The Brand New Step.