

Throwback: Carl Thomas - Lady Lay Your Body



[youtube id="Z1iQHS7xEio"]

"Lady Lay Your Body" is from Carl Thomas's 2000 debut album, *Emotional*. Thomas's emergence was welcomed by romantic R&B fans because his sensitivity delivered a rare subtleness among a lot of crude rappers who began to infiltrate mainstream soul music. The Chicago native, who was discovered by Puffy while singing in an NYC nightclub, co-wrote "Lady Lay Your Body" and most of the songs on *Emotional*. The combination of Thomas's gift and his team catapulted *Emotional* into platinum status and made it one of the must-have R&B albums of 2000. Thomas has added three albums to his discography since *Emotional* with 2011's *Conquer* being his most recent release. The singer is scheduled to tour the United States in 2016.