

Throwback: Troop-Spread My Wings



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Steve Russell, Allen McNeil, John Harreld, Rodney Benford and Reggie Warren are childhood friends from Pasadena, California. Their careers as the band Troop started after they won a talent contest and signed a deal with Atlantic Records. They were immediately successful with the release of their self-titled debut album in 1988 because of the popular single ["Mamacita."](#) *Attitude* was their second album and it reached platinum status because of "Spread My Wings," ["All I Do Is Think Of You,"](#) ["I'm Not Soupped"](#) and ["That's My Attitude."](#) *Deepa* was their third album released in '92 and known for the Babyface penned ["Sweet November."](#) Their fourth and fifth studio albums *A Lil Sumpin' Sumpin'* and *Mayday* were released independently in '94 and '98. The band took a break and regrouped in 2004 and finished a sixth album as they continue to tour. Steve Russell is actively involved in the industry as a songwriter for artists like Chris Brown and Jordin Sparks.